

## Do Your Part to Help Reduce Your Carbon Footprint

1. Replace all of your light bulbs with Fluorescent bulbs (use only 1/3 the energy and last 10 times longer than a standard light bulb).
2. Replace older less efficient appliances (refrigerator, washers and dryers, air conditioners, furnaces, etc) Consider energy efficiencies when making a new purchase of appliances.(look for the Energy Star)
3. Recycle and reuse to save energy and raw materials
4. Transportation items:
  - \* When you purchase a new car, look at the gas mileage; consider a hybrid, alternative fuels or more efficient vehicles.
  - \* Ride the metro,bus, bicycle or walk for short trips
  - \* Combine automobile trips
  - \* Do not ride alone: Car pool to meetings at the League Office, to Church etc
5. **Drive Wisely:**
  - Idling:** You'll save gas and reduce emissions by turning the engine off and restarting it when you would otherwise idle for two minutes or more.
  - Stop-and-go driving:** Avoid travel during congested, peak rush-hour traffic. Try to smooth your driving by accelerating and decelerating gradually, anticipating stops and starts for traffic lights, changing traffic speeds and so on.
  - Parking in sun:** Park in shaded areas whenever possible. Besides keeping your car's interior more comfortable, you will lessen pollution and wasted fuel that results from gasoline evaporating from the engine and gas tank.
  - High engine loads:** Besides using your car's air conditioner, quick acceleration, high speeds, climbing grades, revving the engine and carrying or pulling extra weight all make the engine work harder. Leave earlier when making a trip to avoid the need to speed.
  - Reduce drag:** To save gas and cut emissions, don't carry unneeded items in your vehicle, and reduce drag by carrying cargo inside rather than on your roof racks
  - Maintain Your Car and all gas engines (including lawn mower, boats etc)**
6. Take cloth and or your paper bags (reuse) when you grocery shop
7. When you take down a tree – plant a new tree to replace it
8. Garden with plants that require less water and use organic garden techniques to reduce the use of commercial fertilizer.
9. Compost garden and vegetable matter
10. When you shop – look for items with minimal &/or recyclable packaging
11. Conserve Power use in your home:
  - Get your heating and cooling systems checked once a year. Change filters once a month
  - Set your furnace lower and air conditioners higher especially when no one is in the house. Use a programmable thermostat.
  - Unplug or turn off computers, printers, and other electronic devices. If your TV, computer screen or other devise has the instant-on feature, unplug to reduce the low constant power use.
  - Replace your windows with energy efficient windows
  - Use insulated curtains to maintain the comfort of your home while saving energy.

Environmental Committee would encourage our members and the community to do their part to save energy and reduce Global Warming. The Committee welcomes comments and questions, please forward to Mickey Croyle, Chair of the Environmental Quality Committee by calling the League Office at 961-6869 and leaving a message.